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(HICAP)

Nursing Home Information &
Advocacy (OMBUDSMAN)
Senior Peer Counseling
Tax Counseling for the Elderly
Benefits Checkup



December 1, 2017

Transportation Agency for Monterey County Measure X Senior & Disabled Transportation Program 55-B Plaza Circle Salinas, CA 93901

Dear Review Committee,

The Alliance on Aging (AOA) welcomes the opportunity to submit this proposal to TAMC for funding for the Senior & Disabled Transportation Service. The passage of Measure X has made it possible for seniors to benefit from additional transportation resources. Our proposal focuses on increasing access to the existing options by hiring a Senior Transportation Specialist who would provide information, training and hands-on support to seniors. AOA proposes to expand its current partnerships with transportation providers by increasing seniors' knowledge, comfort and, ultimately, utilization of those transportation resources.

Alliance on Aging has been providing support services to seniors for 47 years in Monterey County. From its inception, AOA's goal has been to provide services that help seniors maintain their optimum independence and quality of life. Access to transportation for seniors is a key component in achieving that goal. This program enhancement would allow us to expand the work we are currently doing around access to transportation for seniors and will be a valuable addition for seniors who are served in our other programs. Our partnerships with other organizations serving seniors will also benefit, as we will share our information with them.

As advocates for seniors, we will continue to advocate for transportation services that meet their needs, particularly those in underserved areas. We look forward to working with TAMC to ensure access to quality transportation services.

Please do not hesitate to contact me if you have any questions regarding this proposal. (831-655-4240)

Sincerely,

Teresa Sullivan

Executive Director

Measure X - Senior & Disabled Transportation Services Program Application

Organization:	Date Submitted:
Alliance on Aging	December 1, 2017
Project Title:	Brief Project Summary:
Senior Transportation Specialist Project	Transportation Information, Training and
	Support for Seniors and Disabled.
Total Project Cost:	Funds Requested:
\$201,208 over three years	\$170,000 over three years

Required Contents

Applications are due via email to **Virginia Murillo**, program coordinator, (<u>virginia@tamcmonterey.org</u>) on <u>December 1, 2017 at 12:00 P.M. PST.</u> The application must be submitted in a PDF format and include:

☑Signed cover letter

Completed application sections 1-4

Project implementation timeline

Project budget

Additional information such as letters or support, testimonials, maps, photographs and additional information about the organization is not required, but if included should be limited to ten (10) pages. (Letters of Support Attached.)





1. Applicant Information

Score Criteria #1: Applicant Experience (20 points)

Is the applicant a 501(c)(3) tax exempt	□Yes □No
organization?	
If the applicant is not a 501(c)(3) organization, ther	n the applicant must partner with an organization
that is and can serve as a fiscal sponsor. The fiscal	sponsor may be a 501(c)(3) organization. The
applicant must complete the following information	about the fiscal sponsor.
Fiscal Sponsor or Applicant Information:	
Name	Alliance on Aging
Address	247 Main St.
Tax ID #	94-1747036
Contact Name	Teresa Sullivan
Telephone Number	831-655-1334
Email Address	tsullivan@allianceonaging.org
Fax Number	831-655-8781
Organization Year Established	1970
Years Operating in Monterey County	47
Organization Mission Statement	
A community leader and advocate, Alliance on Ag	ing provides services and resources that address
the challenges and opportunities of aging to senio	ors in Monterey County.
Description of Organization: Describe your organizexperience serving seniors and/or people with disaproviding or coordinating transportation services for the services of th	bilities. Describe your organization's experience
Number of Employees	
Number of Volunteers	
Board of Directors: Describe the composition of yo	our Board of Directors.





1. Applicant Information

Score Criteria #1: Applicant Experience (20 points)

Is the applicant a 501(c)(3) tax exempt organization?	⊠Yes □No
If the applicant is not a 501(c)(3) organization, then the	ne applicant must partner with an organization that
is and can serve as a fiscal sponsor. The fiscal sponsor	
must complete the following information about the fi	
Fiscal Sponsor or Applicant Information:	
Name	
Address	
Tax ID #	
Contact Name	
Telephone Number	
Email Address	
Fax Number	
Organization Year Established	
Years Operating in Monterey County	
Organization Mission Statement	19 为多数。 2000年 10 2000年 10 200 200 200 200 200 200 200 200 200 2

Description of Organization: Describe your organization's scope of services, communities served, experience serving seniors and/or people with disabilities. Describe your organization's experience providing or coordinating transportation services for seniors and/or people with disabilities.

The Alliance on Aging has been serving the older and disabled population of Monterey County for nearly half a century. It has survived and thrived because it offers necessary services to seniors in Monterey, it adapts to changing environments and populations, and it works with many community partners to provide updated information and a continuum of service and advocacy. Our services are offered free of charge, and often provided by a team of trained and skilled volunteers.

Our current services generally start with people who need to learn about Medicare, or whose parents are facing a need for nursing or residential care. Our scope of services has expanded as people are living longer, and as the population of seniors has exploded. It includes the following:

1. The <u>HICAP</u> program helps people in their 60's learn about Medicare benefits, compare Medicare health plans, learn about Medicare Part D, and select supplemental and/or long term coverage.





The staff and trained volunteers advocate for clients regarding Medicare claims and screen for low income assistance eligibility.

- 2. Our <u>Peer Counseling</u> program's trained volunteers provide free emotional support at clients' homes, in our offices, or in long term facilities, in both English and Spanish. This is especially important when clients face the loss of loved ones, or a change in their own health status. These same volunteers conduct support groups and wellness lectures. A new component of the lectures, named "Fortaleciendo el Bienestar" or "Strengthening Wellness", provides 6 series of four lectures, each in Spanish, for a total of 24 lectures.
- 3. The <u>Tax Counseling</u> program's trained volunteers help prepare both state and federal tax returns, at various sites in Monterey County. They also help with IRS problems throughout the year. All work is confidential, and the training is done in conjunction with the IRS.
- 4. Our <u>Outreach and Education</u> provides information and referrals to senior services throughout the county. Our van and staff travel from South County to Castroville, attending events, distributing farmer's market coupons, and counseling and referring people to all available programs. Outreach works closely with the Fortaleciendo el Bienestar program.
- 5. The <u>Benefits Check-up Program</u> looks for eligibility for CalFresh, Medicare "Extra Help", a home energy discount, taxi vouchers, and for free cell phone and/or discounted phone service.
- 6. Finally, our <u>Ombudsman</u> program's trained volunteers and staff investigate and resolve complaints in residential care and nursing facilities. They also provide placement information and guidance to seniors and their families.

While serving the entire county, the Alliance on Aging has put special emphasis, in recent years, to the provision of services in Salinas and south county. We moved our offices from the Peninsula to Salinas and, more recently, increased the staff support to provide more services to south county residents.

MST currently rents space in the Salinas Alliance on Aging office where MST provides assessment for RIDES, the paratransit program. Clients coming for service from AOA or MST are exposed to services offered by both organizations. Cross referral of clients between staff from both agencies has increased as a result. While Benefits Check-up focuses on discounted services, both staff and volunteers in our other programs routinely inform people of their options for services. We provide ongoing training to all our volunteers (and staff) on the services available, and how to access those services.

We are also an active participant in various community wide coalitions and partner with numerous agencies to provide services to a broad population of people. Specifically, we serve on the Mobility Advisory Committee, have partnered with MST, the Blind and Visually Impaired Center, the Center for Deaf and Hard of Hearing, and others. We find strength and support by working with other organizations who also work with Monterey County's senior population.

Number of Employees	23
Number of Volunteers	200+





Board of Directors: Describe the composition of your Board of Directors.

Our Board of Directors is composed of people representing most of the communities that we serve.

They include:

President: JIM COULTER Licensed Fiduciary, Salinas

Vice-President: CHRISTINE WINGE Executive Director, Access Monterey Peninsula, Carmel Valley

Secretary: TINA DEL PIERO CFRE Director of Fund Dev. VNA & Hospice, Pebble Beach

Treasurer: GABRIEL TORRES Vice President/Development at CHISPA, Salinas

KAREN BOOTHROYD Retired Teacher/Community Volunteer, Salinas

MARY BRUSUELAS Utilization Manager, Central CA Alliance for Health, Pacific Grove

GALEN CALL Reverse Mortgage Lender, Carmel ARLENE DEDINI Community Volunteer, King City SUSAN GIBBONS Local Business Owner, Salinas VEARL GISH Dean (Ret.)-Hartnell College, Salinas

2. Project Description and Project Implementation Timeline

• Score Criteria #2: Project Feasibility and Readiness (20 points)

Project Name	Senior Transportation Specialist										
Funding Request Amount	\$170,000 over 3 years										
Other Funding Sources Allocated to this Project	Alliance on Aging Funding Activities										
Total Project Cost	\$201,208 over three years										
Funding Request Type	☐ One-time request										
If multi-year, which fiscal years is this funding request for?	⊠2018/19 ⊠2019/20 ⊠2020/21										
Project Type	☐ Capital ☐ Operating										

Brief Project Description: (100 words max)

The Alliance on Aging proposes to hire a part-time bilingual/bicultural Senior Transportation Specialist (STS), responsible for providing information about available transportation options to all staff and volunteers, and to work directly with senior clients. Besides working one on one with clients, the STS would also train our clientele in how to access transportation information, using their smart phones and/or other electronic devices.

Individual contact would allow our staff to discover the transport needs of clients; the training would help them to learn things like: when the next bus is coming, what bus routes are appropriate for them, and more.

Project Area Served: Describe the communities that will be served by the project.

The Alliance on Aging serves the entire county, and the transportation information will be available throughout the county. However, our primary focus the first year will be the city of Salinas and south county, both because we believe there is a greater need there, and because the poverty level is higher in those areas. Last year, we served over 7,000 people. 42% came from the city of Salinas, and 19% from south county. So, more than half the people we served are from the two areas we are initially targeting. That population continues to grow, as people are living longer, and the baby boomers are aging. Because of the size of Monterey County, the





people of South County particularly are challen transportation to services and resources. In years two and three, we will expand our trans	
Measure X Project Goals: Indicate which of the Measure X program goals the project will address.	☐ Give seniors more transportation options ☐ Support independent travel by people with disabilities ☐ Provide safer and more reliable transportation services for seniors and/or people with disabilities
Project Implementation Timeline	Develop an implementation timeline that identifies key tasks, milestones and corresponding due dates. Include this as an attachment to the application. (Attachment 2)





3. Project Benefits and Communities Served

- Score Criteria #3: Project Need and Relative Level of Urgency (20 points)
- Score Criteria #4: Geographic Equity (15 points)

Project Need (200 words max)

As people age, they start to lose mobility. People, who once drove everywhere, find it more problematic. With a growing senior population, Monterey County is challenged to provide transportation to meet their needs now and in the future, and to get seniors to use them. The lack of awareness and access to transportation leads to increased isolation for people who are already hampered by disability and/or limited mobility. It also means that seniors are not able to access services and resources that could help them.

Monterey County has a problem—the under use of its bus system and other transportation services. Because of its geographic size, it is difficult to provide for the transportation needs of a widespread population in a largely rural county. Additionally, many people are unaware of the transport options available to them, despite advertising. People are creatures of habit. They don't change easily, and as they age, it gets more difficult. Many are not used to using public transport, and often the information/instructions are complex and confusing.

The Alliance on Aging has a history working with this population. They trust us, and we can help them understand and use the transport services available. We are uniquely qualified to carry out this project.

Project Goals (200 words max)

The primary goal of this project is to educate seniors about their transportation options, and to increase their use of all transportation options. We propose to hire a part-time Senior Transportation Specialist (STS), dedicated to achieving this goal. The STS would work with AOA staff and volunteers to increase their knowledge of transportation and encourage referrals to the STS, when appropriate. The STS would work with other senior providers to increase their knowledge of transportation options specific to seniors and encourage referrals to the STS. The STS would also work with MST, ITN, and the entire transportation network to insure the most current information is available.

Getting seniors to use the options available to them, takes more work. The STS would provide one on one training and support to seniors which will include some experiential learning. The STS would work closely with MST and other transportation providers to promote and complement their services to fill the gap for seniors. The STS's primary work would be with individuals, focusing on their needs, abilities, location, and the options available to meet those needs. The STS would also follow-up to ascertain if the information provided was useful, and needs were met.

Communities Served: Describe the communities that will benefit from this project. Describe the percentage of seniors and/or people with disabilities that are eligible to benefit or will be served.





While initially serving Salinas and South County, in the 2nd and 3rd years of this project, we would expand to include the entire county. Our clients make up the growing older population of Monterey County. The majority are women (64%), with men constituting 36%. We serve people of all sexual orientations and disabilities. 53% of our clients are Caucasian, 24% Hispanic, 17% multiple races/declined to state, 4% Asian American, 2% African American. Our constituency is reflected in our clients, our volunteers, our Board of Directors, our staff, and our donors. They come primarily from two geographic areas: Monterey Peninsula (36%) and Salinas (42%), with 19% from South County, 3% from North County; less than 1% were from out of county.

Project Scope of Work: Describe the main tasks of the project.

- 1. Recruit and hire a Senior Transportation Specialist (STS) to provide training and support to seniors on senior transportation options.
 - STS to meet with local senior transportation providers in order to develop a knowledge base of transportation options for seniors in Monterey County.
 - STS will develop a comprehensive list of senior transportation resources to distribute.
 - STS to update list as new resources are identified.
- 2. Develop training for AOA staff, volunteers and other senior service providers about senior transportation options.
 - STS to provide training about senior transportation options and the services of the STS to Alliance on Aging staff and volunteers in order to increase their knowledge of options for the clients they see in their specific programs.
 - AOA Intake Specialist will be trained by STS to provide information to seniors who call or come into the Salinas office for information.
 - STS to provide training to other senior service providers about senior transportation options and the services of the STS.
 - STS will continue to seek out new venues to disseminate information to seniors.
- 3. Provide information to seniors about transportation options to enhance their awareness and access to local transportation resources for seniors.
 - Ensure transportation information is available at all AOA offices and other senior venues.
 - Distribute transportation resource information at all AOA outreach events and other venues frequented by seniors.
 - Provide training to seniors in small groups or to individuals at venues frequented by seniors throughout the county.
 - Provide training and instruction in the use of electronic transportation apps.
 - AOA will continue to host Age Well, Drive Smart training to encourage safe driving for seniors.
- 4. Provide individual support to seniors to enhance utilization of transportation resource
 - Identify seniors who would benefit from one on one transportation support
 - Accompany seniors on public transport when appropriate to increase comfort and utilization
 - Assist seniors to "patch together" options that meet their specific transportation





needs.

- Continue partnering with MST in Taxi Voucher registration
- Distribute free bus passes to seniors to encourage use of the transit system. AOA will be partnering with the Area Agency on Aging to distribute free bus passes during for the first year of this grant.
- Assist with registration for mileage reimbursement programs in partnership with MST.
- Assist with application/registration for other transportation programs

Transportation resources will include the listing below and other transportation resources as they are identified or become available:

- MST (Monterey/Salinas Transit)
 - √ Fixed Route Bus System and On Call
 - ✓ Senior Shuttle
 - ✓ Travel Training and Navigator Program
 - ✓ Senior Taxi Vouchers
 - ✓ Para Transit/RIDES Program
 - √ Special Medical Trips
 - ✓ Transit App
- ITN (Independent Transportation Network)
- Uber/Lyfts

Expected Project Outcomes: Example – Service hours will expand by ##% to serve ## more passengers per month/year.

- 200 staff, volunteers and providers will be trained about senior transportation options
- 1,000 seniors/family members will be provided with information/training about transportation options
- 250 seniors will be provided with hands on support for specific transportation needs.
- 150 seniors will be registered for mileage reimbursement
- 1,000 free bus passes will be distributed.
- 50 locations will display literature/information regarding senior transportation options.
- 80% of survey respondents will indicate an increase in their knowledge and comfort level with transportation options for seniors

Project Evaluation: Describe how you will measure the project outcomes and track your progress towards achieving the project goals.

As with all of AOA's programs, we will be tracking the work of the STS. The STS will be expected to report on one on one interactions, as well as staff and volunteer interactions, and group trainings—numbers and characteristics (ethnicity, location, age, etc.). There will be evaluation tools developed, that will be completed by seniors to determine if their knowledge, comfort level and access to transportation options has increased as a result of the work of the STS.





4. Project Budget

• Score Criteria # 5: Cost Effectiveness (15 points)

Develop a project budget that identifies the cost of each key task, with capital and operating costs called out separately. If this funding request will leverage other funds, identify which phases of the project will be funded by each funding source. (Attachment 1)

AHachment I

Transportation Agency for Monterey County Measure X - Senior & Disabled Transportation Program Fiscal Year 2018-19 to 2020-21

PROJECT BUDGET

Organization: Alliance on Afing, Inc.
Project Name: Senior Transportation
Project Dates: July 2018 through June 2021

Total Project Budget: \$201,208 Measure X Request: \$170,000 Funding Leverage: 16%

Actual Committed Program (Leave this column blank Income Measure X TOTAL Other Proposals Funds/Existing Revenue until the final grant Operational Budget report) Measure X \$170,000 \$170,000 Foundation A \$0 Foundation B \$0 State Grant \$5,000 \$5,000 Annual fundraising event \$26,208 \$26,208 Individual donations \$0 \$170,000 \$5,000 \$26,208 \$0 \$201,208

Expenses	Measure X	Other Proposals	Committed Funds From AOA	Program Revenue	TOTAL	Actual Measure X Grant Expense (Leave this column blank until the final grant report)	Actual TOTAL (Leave this column blank until the final grant report)
Salary Program Manager	\$2,794		\$24,208		\$27,002		
Salary Part-time staff 1	\$80,116				\$80,116		
Salary Part-time staff 2 Taxes and Benefits Consultant	\$15,951		\$2,000		\$12,836 \$17,951 \$0		
Telephone	\$3,293				\$3,293		
Supplies	\$3,000				\$3,000		
Travel	\$7,200				\$7,200		
Publications/Postage	\$9,000				\$9,000		
Rent and Utilities	\$9,900				\$9,900		
Staff training					\$0		
Equipmment	\$6,100				\$6,100		
Bus Passes **	\$17,500	\$5,000			\$22,500		
Insurance / General Liability					\$2,310		
	\$170,000	\$5,000	\$26,208	\$0	\$201,208		

A Hachment 2A

Transportation Agency for Monterey County Measure X - Senior & Disabled Transportation Program Fiscal Year 2018-19 to 2020-21

PROJECT TIMELINE

	Project Title	Senior Transportation	on Specialist P	roject			Organization Alliance on Ag	ng
						Fiscal Year 2018/1	9 FY 2019/20	FY 2020/21
Task#	Task	Deliverable	Total Cost	Measure X	Other	JASONDJFMA	MJJASONDJFMAM	JASONDJFMAMJ
1	Begin program implementation							
1.1		Hire documentation and Job Descripton	\$4,000		\$4,000			
1.2	Establish and maintain work space, desktop computer, phones, laptop for STS	Designated work space & work tools	\$22,293	\$22,293				
1.4	STS to meet with transportation providers.	List of providers met with and dates	\$ 13,128	\$ 13,128				
1.5	Develop and maintain a comprehensive list of senior transportation resources with updates	Updated list of transportation resources	\$ 13,128	\$ 13,128				
2	Training for Senior Service Providers							
2.1	Provide in-service training to AOA staff and voluntees	List of in-service attendees	\$ 13,128	\$ 7,128	\$6,000			
2.2	Provide individual/group training to senior service providers	List of providers/staff trained	\$ 13,128	\$ 9,128	\$4,000			
3	Provide transportation information to seniors							
3.1		List of locations where information is made available	\$ 4,000	\$ 4,000				
3.2		List of outreach events where information was distributed	\$ 4,000	\$ 4,000				

3.3	Provide training to groups or individuals on how to use phone apps for transportation	List of seniors attending training sessions.	\$ 13,1	28	\$ 11,128	\$	2,000										
4	Provide individual support to seniors																
4.1	Identify seniors who would benefit from hands on support.	Lists of referrals from AOA staff, outreach, and other providers	\$ 13,1	28	\$ 11,128	\$	2,000										
4.2	Accompany seniors on public transport as appropriate to increase comfort level	Client Testamonials	\$ 13,1	28	\$ 11,128	\$	2,000		No.		1						
4.3	Assist with registration for MST Taxi Voucher Program	List of registrants	\$ 13,1	28	\$ 11,128	\$	2,000										
4.4	Assist with registsration for MST Mileage reinbursement program	List of applicants	\$ 13,1	35	\$ 10,927	\$	2,208										
4.5	Distribute MST bus passes to seniors in Salinas and South County	Number of bus passes distributed	\$22,	500	\$ 17,500	\$	5,000										
		TOTAL	\$201,2	08	\$170,000	\$3	1,208						-	-			

MONTEREY COUNTY



Area Agency on Aging 1000 South Main Street, Suite 211-A Salinas, California 93901 831-755-4728

November 29, 2017

To Whom It May Concern:

Please consider this our letter of support for the Alliance on Aging's proposal to provide services through TAMC's Measure X Transportation for Senior and People with Disabilities program.

The Monterey County Area Agency on Aging (AAA) and Alliance on Aging (AOA) have a long-standing partnership dating back to 1970. The Alliance on Aging is a local non-profit organization that provides multiple program services for seniors in Monterey County. AAA currently contracts with AOA to provide the Ombudsman program, HICAP (Medicare Counseling) and Community Outreach. In FY 2016-17, Alliance on Aging provided direct services to over **7,000** individuals and outreached to over **14,000**.

Alliance on Aging is proposing to expand their current role in promoting transportation options and increasing utilization of those options for seniors in Monterey County. Lack of transportation has historically been identified as one of the most significant barriers for seniors in accessing services and resources. According the 2017-18 Area Agency on Aging Area Plan, there are currently 71,683 seniors in Monterey County and that number is expected to grow 64% by 2030. Understanding and utilizing the transportation network will be critical for those seniors to be able to maximize their independence and quality of life.

The current transportation network can seem complex, technical and unfamiliar to local seniors. AOA proposes to hire a *Senior Transportation Specialist who* would provide individual, hands on support to seniors to help them understand and navigate the network of transportation options in their community. In the delivery of AOA program services and through ongoing outreach efforts, AOA staff will identify seniors in need of transportation resources and will connect them to the *Transportation Specialist*. The *Specialist* can help these seniors "patch" together the transportation resources available in their community from the public, private and non-profit sector to meet their specific needs. AOA will work with other local senior service providers to ensure the services of the *Senior Transportation Specialist* are available to all seniors in need.

This new service will not only result in increased utilization of the local transportation network by seniors but will also enhance the viability of the entire transportation system. Please contact me if you have any questions regarding this letter.

Sincerely,

Margaret Huffman

Director, Area Agency on Aging



Measure X: Senior & Disabled Mobility Grant Program

Letter of Support

November 28, 2017

To whom it may concern:

I am writing this letter to show my support of the grant application submitted by the Alliance on Aging for the Measure X: Senior & Disabled Mobility Grant Program.

Alliance on Aging's proposed project to fund a part-time position to oversee transportation related activities will greatly benefit the seniors and persons with disability communities. I have worked closely with the Alliance on Aging for more than 5 years and feel confident expressing my full support for their project.

Moreover, I have been working for Monterey-Salinas Transit for the last 13 years and recently appointed as the Mobility Services Manager. Our mission at MST has been supported by the Alliance on Aging through their continuous support for MST's mobility programs that include: the taxi vouchers for seniors, travel training program, MST RIDES ADA paratransit program, and outreach efforts for the newly developed mileage reimbursement program. In 2014, the Alliance on Aging provided their support to MST's Measure Q ballot, a 1/8-cent sales tax to protect existing and develop new programs for persons with disabilities, seniors and Veterans. The Alliance on Aging proposed project will enhance coordination with MST in providing transportation services for seniors and persons with disabilities.

Lastly, with my full support please consider the grant application submitted by the Alliance on Aging for the Measure X: Senior & Disabled Mobility Grant.

Sincerely,

Cristy Sugabo Mobility Services Manager Monterey-Salinas Transit





HICAP MEDICARE

Services are provided at no cost in English and in Spanish.

COUNSELING - all ages

Medicare Benefits

TAX ASSISTANCE (TCE)

State & Federal Tax

Preparation

Supplemental Plan

Explanation

Comparison

SALUD - todas edades **CONSEJERIA DE SEGURO DE**

- Explicación sobre los beneficios de Medicare
- Comparación del Plan Suplementario

Abogacía de reclamos y

 Comparaciones del Costo de Parte C y Parte D apelaciones

CONSEJERIA

 Para adultos mayores en grupo de apoyo con emocional individual y se les ofrece apoyo compañeros

ASISTIDA (OMBUDSMAN) **EN ASILOS DE ANCIANOS ABOGACIA PARA PERSONAS** Y CENTROS DE VIDA

- Investigaciones y resoluciones de quejas
- Información y guia sobre los asilos de ancianos

DE IMPUESTOS AYUDA CON DECLARACION

 Preparación de las declaraciones federales y estales

REVISION DE BENEFICIOS

Part C & Part D Cost

Comparisons

Claims & Appeals Advocacy

BENEFITS CHECKUP

 Access to Food Utilities Discounts Discount Cell Phone Taxi Vouchers

- Acceso sobre alimentación
- Descuentos de utilidades
- Descuentos de teléfonos
- Cupones para el taxi

EDUCACION Y EVENTOS COMUNITARIOS

ALMUERZOS MENSUALES

- Primer martes de cada
- Oportunidad social para las personas de mayor

PEER COUNSELING

 Confidential Emotional Support for Older Adults Counseling and Support Through Individual

MONTHLY LUNCHEONS

First Tuesday of Each

Month

Social Opportunity for

Seniors

EDUCATIONAL EVENTS COMMUNITY OUTREACH &

NURSING HOMES & ASSISTED LIVING ADVOCACY OMBUDSMAN

- Complaint Investigation & Resolution
- Facility Information & Guidance





Sirviendo personas de la tercera

Llame o visitenos edad por 47 años!

aaa

LOCAL HELP FOR PEOPLE WITH MEDICARE

831-655-1334 Monterey, CA 93940 280 Dickman Avenue Monterey Office

831-758-4011 Salinas, CA 93901 247 Main Street Main Office

831-383-5030 Pacific Grove, CA 93950 570 Lighthouse Avenue Spirals Benefit Store

DCAL HELP FOR PEOPLE WITH MEDICAR Serving seniors for 47 years!

Call or visit us at:

831-655-1334

280 Dickman Avenue

831-758-4011

Salinas, CA 93901 247 Main Street Main Office

Spirals Benefit Store

570 Lighthouse Avenue Pacific Grove, CA 93950 831-383-5030

Monterey Office

Monterey, CA 93940

Senior Benefits Checkup



You May be Eligible for Senior (60+) Benefit\$

What are the Benefits?

- ★ CalFresh
- ★ Home Energy Discount
- ★ Medicare Help
- ★ Discount Cell Phone

How Do I Make an Appointment? Call 831-655-7562

What Do I Bring to the Appointment?

- ✓ Social Security Card
- ✓ Proof of Income
- ✓ Copies of Your Most
 ✓ Proof of Medical Recent Utility Bills
 - **Expenses**

Senior Benefits Checkup



You May be Eligible for Senior (60+) Benefit\$

What are the Benefits?

- ★ CalFresh
- ★ Home Energy Discount
- ★ Medicare Help
- ★ Discount Cell Phone

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- ✓ Copies of Your Most
 ✓ Proof of Medical Recent Utility Bills
 - **Expenses**